## MATRIX



## Versa Medical Leg Press

MD-S70

The Versa Medical Leg Press features a carriage lockout and gas-assisted foot platform, allowing medical professionals to quickly and easily change or restrict the range of motion to prevent overextension. Integration of band hooks increases exercise variation and training style by introducing elastic resistance to rehabilitation and progression programs.

- Retractable foot rest keeps the client's off leg clear of moving parts while performing one-leg exercises
- Large informational placards provide clear adjustment and progression instructions for medical professionals and clients working independently
- Optional incremental weight allows increases as small as 0.9 kg / 2 lbs to help clients of all ability levels see real progress
- Optional accessory package includes a heel cup, wedge block and wire mount to help medical
  professionals provide a greater variety of specific exercises
- Optional step stool helps those with physical limitations enter or exit the leg press more easily and safely
  Optional force plate holder lets medical professionals connect a third-party device to measure the left-
- and right-foot force applied, ideal for clients striving to build balance
  Carriage lockout and range-of-motion limiter restrict carriage movement for isometric contractions while protecting clients from overextending
- Range of motion limiter prevents movement of the carriage beyond a determined point
- · One-handed foot platform adjustment allows easy range of motion changes from the seated position
- Adjustable shoulder pads and flat-to-incline (2.5°-78°) gas-assisted seat back provide flexible progressions and comfortable use for clients of all sizes
- Low starting weight of 2.63 kg / 5.8 lbs offers gradual progression

TECH SPECS

PRODUCT WEIGHT

- Therapist foot platform adjustment allows range of motion changes from a standing position outside the machine
- · Band hooks make it easy to add external resistance bands for elastic and plyometric training
- Stack disconnect allows free movement of the carriage without additional resistance, ideal for deconditioned, rehabbing and injured clients

ADJUSTMENTS	
RANGE OF MOTION LIMITATION	27 positions
SHOULDER PAD WIDTH ADJUSTMENT	Yes
BAND ATTACHMENT POINTS	Yes, 4
SHOULDER PAD HEIGHT ADJUSTMENT	11 positions
WEIGHT STACK DISENGAGEMENT	Yes
COLOR POINTS OF ADJUSTMENT	Yes
SEAT BACK ANGLE ADJUSTMENT	Yes, 8 positions (2.5°, 15.5°, 28°, 38°, 48°, 58°, 68° and 78°)
RANGE OF MOTION START ADJUSTMENT	Gas assisted foot platform adjustment, 13 positions, dual adjustment (user or therapist)

## therapist) FRAME & CABLES FRAME FINISH Proprietary two-coat powder process AVAILABLE FRAME COLOR Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium AVAILABLE UPHOLSTERY COLOR Black, American Beauty Red

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Internally lubricated cables & fittings

MACHINE ANCHORING

MODES OF OPERATION	Isometric, Loaded Isometric, Isotonic, Plyometric, Elastic
OVERALL DIMENSIONS	263.2 x 121.9 x 188.3 cm / 103.7" x 48" x 74.2"
MAX USER WEIGHT	159 kg / 350 lbs

USER AMENITIES	
PLACARD COLOR CODING	Blue (lower body)
FRONT PLACARDS	Color-coded machine identification & machine specific stretching
PERSONAL STORAGE	Storage Area
REAR PLACARDS	Color-coded machine identification & machine specific stretching
FOOT PLACEMENT ZONES	Yes, 6 positions

372 kg / 820 lbs

WEIGHT STACK	
INCREMENTAL WEIGHT SYSTEM	.9, 1.8, 2.7, 3.6 kg / 2, 4, 6, 8 lbs (Optional)
WEIGHT STACK	136 kg / 300 lbs
WEIGHT STACK GUARDING	Full front and rear shields
MAX TRAINING WEIGHT	139.6 kg / 308 lbs