

So Many Billable Functions Such a Mini Price



You can treat a wide demographic with the MiniPress...

Total Knee & ACL

The Shuttle MiniPress is a total knee machine that provides smooth concentric and eccentric Elasticord loading, whether you're seeking gentle mobilization following surgery or full range of motion and terminal extension.

Hip Fractures & Replacement

You can place the MiniPress on the floor and let your hip patients do standing hip abduction, adduction, and extensions – or you can place the MiniPress on a treatment table allowing patients to do supine hip exercises.

Shoulder Surgery

The MiniPress allows you to treat shoulder patients with a variety of different protocols such as seated unilateral and bilateral shoulder stabilization as well as seated shoulder lateral presses and trunk twists.

Senior Citizens

You can help your older adult population with sit-to-stand or increasing their proprioception, balance, and strength. To improve core strengthening you can have them do seated abdominal, back, and gluteus protocols.

MiniPress Advantages:

- ✓ **Small Footprint** - 12 inches wide and 42 inches long, weighing in at just 14 pounds – yet provides up to 80 pounds of resistance load. Now you have a leg press that you can bring to the patient.
- ✓ **Portable** - You can use it on a treatment table, from a wheelchair/chair, even on a hospital bed – and the mini-wheels allow you to roll it anywhere in your clinic.
- ✓ **Leverage Your Time** - Function and pictographs make the MiniPress very patient-friendly. The MiniPress allows you to “give and go” – increasing the number of patients you can see at one time, increasing your bottom line.
- ✓ **Very Affordable** - With budgets tight and capital expenditure on the brink of freezing, the MiniPress provides a workhorse piece of equipment at a price you can't afford to pass up.

Contemporary Design Company
SHUTTLE MiniPress
1-800-334-5633 ShuttleSystems.com

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Contemporary Design Company

SHUTTLE® MiniPress

Multi-function - Small Footprint

"The lower loads and the capacity to exercise while supine or seated make the Shuttle MiniPress a valuable asset for the geriatric, home, and immediate post-operative setting."

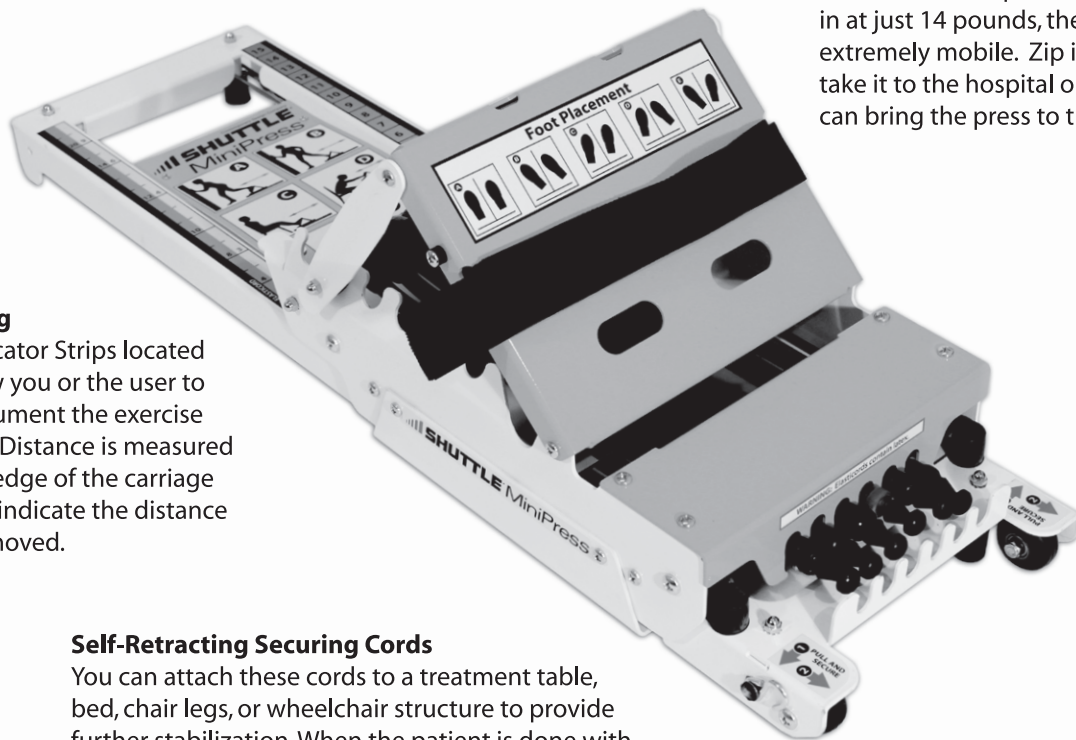
Steven R. Tippett MS, PT, SCS, ATC

Adjustable Footplate

Adjustable from horizontal to 75 degrees of angle, you can help your patient achieve various degrees of flexion. The nylon security strap can be used to secure the hand or foot – or as a heel cup in exercising patient hamstrings.

Roller Wheels

A convenient handle at one end and the polyurethane wheels at the other provide for smooth transportation. And weighing in at just 14 pounds, the MiniPress is extremely mobile. Zip it around the clinic, take it to the hospital or the home – you can bring the press to the patient.



Accurate Tracking

The Distance Indicator Strips located on both rails allow you or the user to measure and document the exercise distance traveled. Distance is measured from the leading edge of the carriage and the numbers indicate the distance the carriage has moved.

Self-Retracting Securing Cords

You can attach these cords to a treatment table, bed, chair legs, or wheelchair structure to provide further stabilization. When the patient is done with their exercise, simply unhook the cords and they retract conveniently into their receptacles.

Resistance Elasticords

Five black elasticords provide ~7 lbs. starting resistance and ~15 lbs. at full extension. One red elasticord provides ~2 lbs. starting resistance and ~5 lbs. at full extension. Thus, the MiniPress gives you as little as 2 lbs. of resistance for the deconditioned patient and up to 80 lbs. for the stronger patient.

ShuttleMiniPress Specifications

Overall Footprint: 12" x 42" * Resistance Capacity: 2-80 lbs.

Warranties: Structural - 5 years * Parts - 1 year

1-800-334-5633 * www.ShuttleSystems.com