

FREE-UP® Massage Cream

Recommended Use:

A lubricant for soft tissue mobilization and massage. Enhances tissue perception and provides an effortless glide without being slippery. Use sparingly. A little goes a long way. Formulated specifically for professionals. Mild almond scent or unscented.

Ingredients: (Listed in order of largest quantity to least, left to right.)

- | | | |
|--------------------------------|---------------------|-------------------|
| • Petrolatum & Lanolin Alcohol | • Methyl Gluceth-20 | • Stearyl Alcohol |
| • Water | • Methyl Paraben | • Ethyl Paraben |
| • Mineral Oil | • DMDM Hydantoin | |
| • Sodium Lauryl Sulfate | • Fragrance | |

Precautions:

- **Store below 87° F.** Do not freeze. If over heated, product may separate and/or a hard crust may form.
- Do not ingest. If ingested contact a physician.
- Keep away from eyes. First aid – flush with water

SHELF LIFE OF FREE UP MASSAGE CREAM

Look for the numbers on the bottom of the jar: Example 08230 - this is a Julian Date. The date of manufacture would be read -- 08= Year 2008 and 230=the 230 day in 2008.

- What is the shelf life of an **UNOPENED** jar of Free Up Cream?
Between 2-3 years from the date on the bottom of the jar.
- What is the shelf life of an **OPENED** jar of Free Up Cream?
There is no definite answer to this question due to several variables. These include sanitary issues, proper closure of the jar, exposure to heat and or cold, etc.

MATERIAL SAFETY DATA SHEET

1-800-544-7257

FILE NO. _____
DATE: 5/15/95

REV DATE: 10/15/2003, 01/01/2008, 9/15/2008, 5/27/2009

(This MSDS complies with OSHA Hazard Communication Standard 1910.1200.)

SECTION 1: IDENTIFICATION

PRODUCT NAME: Free Up Massage Cream
CHEMICAL NAME: N/A
CAS#: N/A Mixture
FORMULA: N/A

PRODUCT TYPE: Massage Cream
COMMON NAME:
FEMA#: N/A
M.W.: N/A Mixture

SECTION 2: PHYSICAL DATA

FLASH POINT (Closed cup method (F): N/A
SPEC. GRAVITY (25/25)C, H₂O=1): 0.905
VAPOR PRESSURE (mm Hg at 25)C: N/A
BOILING POINT/MELTING POINT (C): Approx. 100C
APPEARANCE AND ODOR: Smooth white thick cream - may contain fragrance.

SOLUBILITY IN WATER: Miscible
VAPOR DENSITY (AIR=1): N/A

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SECTION 3: FIRE, EXPLOSION AND REACTIVITY

EXTINGUISHING MEDIA: [X] DRY POWDER, SPRAY, FOAM OR CO₂ [X] WATER FOG.
SPECIAL FIGHTING PROCEDURES: None
UNUSUAL FIRE AND EXPLOSION HAZARDS: None
STABILITY: Stable HAZARDOUS POLYMERIZATION [] MAY OCCUR [X] WILL NOT OCCUR
MATERIALS TO AVOID: Strong oxidizing agents
HAZARDOUS DECOMPOSITION PRODUCTS: None

SECTION 4: SPILL, LEAK AND DISPOSAL PROCEDURES

PRECAUTIONS IF MATERIAL IS SPILLED OR RELEASED: Scoop up with absorbent material then wash area with soap and water.
WASTE DISPOSAL METHODS: Follow all Local, State, and Federal regulations.

SECTION 5: PROTECTION INFORMATION

VENTILATION: Use normal ventilation
RESPIRATORY PROTECTION: Not normal route of entry
EYE PROTECTION: Possible irritation
SKIN PROTECTION: Not needed

SECTION 6: HEALTH HAZARD DATA

OCCUPATIONAL EXPOSURE LIMIT:
THRESHOLD LIMIT VALUE (TLV): Not done
OSHA PERMISSABLE EXPOSURE LIMIT (PEL): Not done

HEALTH HAZARD DETERMINATION:
Ingredients in product are not considered hazardous within the meaning of 29CFR 1910.1200

EFFECTS OF OVEREXPOSURE:
None known

EMERGENCY AND FIRST AID PROCEDURE:

INHALATION: N/A
SKIN: N/A
EYES: May cause irritation. Flush with water. Contact a physician if irritation persists.
INGESTION: Do not ingest. Contact a physician

SECTION 7: SPECIAL PRECAUTIONS

STORAGE AND HANDLING: Keep from extreme heat or cold. Do not freeze.

The information presented herein relates to the specific materials described and may not be valid for this material used in combination with any other materials or in any process. The information in this MSDS was obtained from current and reputable sources, however, the data is provided without any warranty expressed or implied regarding its correctness or accuracy. It is the user's responsibility both to determine safe conditions for the use of this product and to assume liability for loss, injury, damage, or expense resulting from improper use of this product.